## Logo, company name  Description automatically generated

**Lunchbox Policy**

**Statement of intent.**

To ensure that children eat a range of healthy foods whilst at preschool. Promoting good health and dental hygiene. Reducing the risk associated with allergies.

* Children staying all day, staying for lunch club or attending the afternoon session are required to bring a packed lunch.
* Packed lunches should contain a sandwich with a savoury filling or a suitable alternative along with a piece of fruit/vegetable, a serving of carbohydrate (breadsticks/crisps or similar) and a yoghurt or similar
* Children may bring a drink but no fizzy drinks or sugary drinks please.
* We provide water throughout the day.
* Nuts, products made from and products containing nuts are strictly prohibited to avoid the risk of potentially serious allergic reactions.
* Children should be encouraged to open their own containers and packaging, please help them by providing items they can manage themselves.
* Sweets and chocolate bars are not allowed but the occasional chocolate biscuit or cake as a treat is absolutely fine.

|  |  |
| --- | --- |
| This policy was adopted at a meeting of  | All Saints Preschool |
| Held on (date) | 10 March 2022 |
| Signed on behalf of the Management Committee/Proprietor |  |
| Role of signatory (e.g. chairperson etc.) |  |
| This policy was reviewed on |  | (date) |
| *continue as necessary* |  | (date) |